
Media Release



Omicron variant confirmed in Timiskaming district

December 22, 2021 - For immediate release

The Timiskaming Health Unit (THU) is confirming that four people in our service area have tested positive for the Omicron variant, as of 1 p.m. today.

“It is not surprising that Omicron has been identified in our district. While the positive cases identified today are located in the north part of our district, we are quite certain that Omicron cases are currently spread throughout our region,” said Dr. Glenn Corneil, CEO and Acting Medical Officer of Health for THU.

When a positive case is identified, it takes several days for Public Health Ontario laboratories to confirm the strain of the virus.

Variants of concern will be temporarily added to [THU's weekly epidemiological report](#), as they had been when previous variants arrived in our region.

People in our district are reminded to follow public health measures:

- **Get your booster dose as soon as you're eligible. It's the best way to protect yourself against the rapidly spreading Omicron variant.**
- Wear a mask. Masks are required by law in all indoor public spaces and in indoor workplaces throughout Ontario.
- Follow gathering limits. Social gathering limits in Ontario allow for a maximum of 10 people indoors and 25 people outdoors.

For more information on COVID-19, visit the [THU website](#) and the [Ontario Coronavirus website](#).

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